



My favourite food

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HOT-SOUR SOUP



- ◇ My favourite food is hot-sour soup because it is so tasty.
- ◇ I really like Asian kitchen because the food is amazing and all these spices together are 'heaven on the Earth'.
- ◇ I like this food because it is simple to cook and it tastes incredible like from a Chinese restaurant.



Ingredients

- ◇ 300 g chicken meat
- ◇ 2 carrots
- ◇ ½ can of bamboo shoots
- ◇ Fresh ginger (small piece)
- ◇ Chili
- ◇ 2 eggs
- ◇ Potato starch
- ◇ Soy sauce
- ◇ Rice vinegar
- ◇ Salt
- ◇ Sugar
- ◇ Tomato paste
- ◇ Tofu
- ◇ Canned red sweet pepper

Recipe

- ◆ So at first we have to add 3 liters of water to pot and add the chicken meat. Also we can add 2 vegetable stock. Until the meat is cooking we can cut the carrot, tofu, ginger and bamboo shoots. When the meat is cooked we have to put it out of water. We add into the water carrots, bamboo shoots and red pepper. We have to cut the meat to small pieces and add it back to the water also with ginger and chili. Then we add tomato paste, soy sauce, rice vinegar, salt and sugar. Almost at the end we add tofu then potato starch. The soup can be a little bit thick. After all of this we have to let it boil. At the end we have to mix eggs together and add it slowly to soup. You can serve it with scallion. Bon appetite

